

Star HOT SHEET

Products that sizzle with star power

Pick
Of The
Week!



Hot SHIRT

Attention, football fans: Show your support for the home team with the latest (and coolest) in fan gear.

Brooklyn-based 31 Apparel, a brand of themed T-shirts, features artistic illustrations of team mascots (such as the Bears and Eagles, above) or designs in honor of a team's city (like the Empire State Building for the N.Y. Giants). Plus: A percentage of proceeds benefits the National Hemophilia Foundation to bring awareness to blood disorders. Go, team! \$29, 31apparel.com

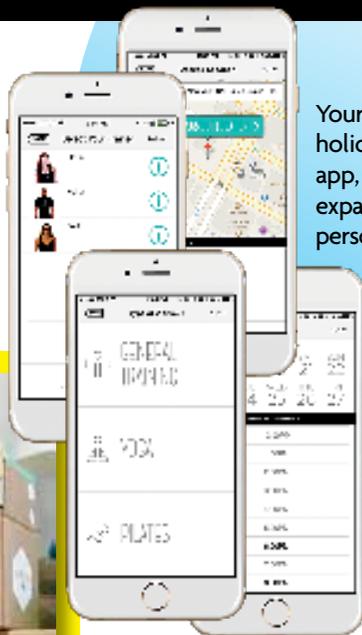


Hot HOTEL

Looking for a warm *bienvenidos a Miami*? Head to the Raleigh Miami Beach! The retro resort feels like a modern masterpiece, with its Art Deco-style decor, vintage wicker furniture and uniquely shaped pool surrounded by palms. In addition to the luxurious accommodations, the South Beach oasis is an equally dynamic dining destination for its restaurant, martini bar and pool bar, all inspired by the hotel's rich history. That fares well with us! raleighhotel.com

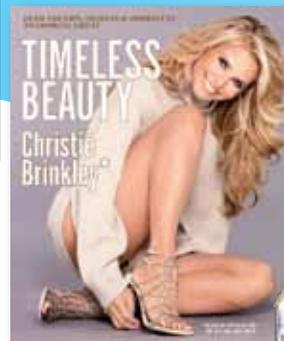
Hot APP

Your no-excuses, fail-safe way to work out this holiday season? TroupeFit. The newly launched app, with services now available in NYC and expanding soon to Miami, L.A. and Chicago, brings personal trainers straight to you. A yoga, strength training or Pilates professional shows up on demand to your home (big or small) for a one-on-one, 45-minute sweat session with all the necessary equipment — no fancy gym membership required. From \$49, App store



Hot BOOK

Christie Brinkley has literally written the book on aging gracefully. The 61-year-old superhuman, er, supermodel is sharing her secrets in her latest tome, *Timeless Beauty: Over 100 Tips, Secrets & Shortcuts to Looking Great*. From chapters on Enlightened Eating, with her favorite smoothie recipes, to Your Hair Is Your Crowning Glory, in which she owns the fact that she not only wears but produces a line of clip-in extensions, the book is chock-full of youth-boosting bits. Disclaimer: Leafing through the pages will *not* make you look like Christie... unfortunately. \$30, amazon.com ★



Hot DELIVERY

Get ready for some thanks...and giving! Thrive Market, the online shopping club that aims to make healthy living affordable, delivers natural and organic products to your door, at discounts of up to 50 percent off retail prices. Through Dec. 31, you can donate your savings on food, cleaning products and personal-care items to Thrive's charitable partner, Feeding America. "Having grown up with a single mom in L.A., I understand the challenge of finding healthy food that's affordable," said brand ambassador **Nikki Reed**. "It's appalling to think that millions of families...may not know where they will find their next meal." And for each new membership, the company gives one to a family in need. Eat that! \$60 for yearly membership, thrivemarket.com

EMAIL US YOUR HOT IDEAS AT STARHOTSHEET@STARMAGAZINE.COM